



Caregiver Services

A SAMPLING OF OUR PERSONALIZED SERVICES

We're here for you... DAY AND NIGHT · WEEKENDS AND HOLIDAYS · TEMPORARY OR LONG TERM

Personal Care

- ✓ Bed Bath/Tub/Shower
- ✓ Hair Care
- ✓ Brushing Teeth
- ✓ Shave
- ✓ Apply Make Up
- ✓ Nail Care/Skin Care
- ✓ Assist with Getting Dressed
- ✓ Assist with Bedtime Routines

Health & Nutrition

- ✓ Prepare Meals/Snacks
- ✓ Assist with Feeding
- ✓ Encourage/Restrict Fluids
- ✓ Vital Signs
- ✓ Medication Reminder

Toileting

- ✓ Assist to Bathroom/Urinal/Bedpan
- ✓ Assist to Bedside Commode
- ✓ Incontinence Care
- ✓ Empty Colostomy/Catheter Bag

Mobility

- ✓ Assist with Walking (ambulatory)
- ✓ Turn Position in Bed (bedridden)
- ✓ Transfer/Bed/Chair (wheelchair)
- ✓ Assist with Home Exercises

Companionship & Transportation

- ✓ Escort on Walks, Shopping and Errands
- ✓ Accompany to Appointments
- ✓ Provide Transportation
- ✓ Assist with Transfer In/Out of Car with Walker/Wheelchair

Light Housework

- ✓ Client's Laundry
- ✓ Clean Kitchen/Dishes
- ✓ Take Out Trash
- ✓ Vacuum, Dust and Light Cleaning
- ✓ Oxygen Turned On/Off Only
- ✓ Make Bed/Change Bed Linens

PLUS...

Ask us about:

- ✓ **FREE** safety assessments by a certified home safety expert
- ✓ One-on-one **SAFETY SITTING** for loved ones with dementia
- ✓ Our **FREE** online Family Portal to keep everyone in the know



QUALITY



COMPASSION



VERSATILITY

Call **301-816-5020** to arrange services or learn more.

SMITHLIFEHOMECARE.COM

Serving DC and Montgomery County, MD.



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