



Independence Plus Friendship Heights

Assistance when you need it. Independence when you don't.

The Independence Plus program from SmithLife Homecare provides flexible assistance you need with two hour minimum, no long-term commitment, no hidden charges, and at very reasonable rates. We accept long-term care insurance.

Whether you are recovering from a minor setback or you just need a little extra help, Independence Plus can offer a variety of supportive services. 24 hours advance notice is requested for new service.

Rate for Independence Plus - 2 hour minimum \$29.95 / hour

Our Friendship Heights pilot program is available only for the residents in the Village of Friendship Heights community from 7am to 10pm, 7 days a week.

In addition to providing short hours, SmithLife Homecare can provide longer hours, overnight care and 24/7 support.

Some of the services we offer are assistance with dressing, doctor's appointments, showering, personal hygiene, light housekeeping, meals, walks, and medication reminders.

Call us today to customize your unique caregiver services!

*** FHNN members receive the first hour free**



Call us today for more information or to schedule your service

(301) 816-5020

4600 N. Park Ave. #111, Chevy Chase, MD 20815

SMITHLIFEHOMECARE.COM

MD License #R1152R | DC License #NSA-0611 | DC #HSA-0014



SmithLife Homecare

Bringing care home.

Your award-winning homecare providers are here!

SmithLife Homecare, in partnership with Charles E. Smith Life Communities, is one of the leading and most respected residential service agencies in Montgomery County and Washington D.C.

For over 20 years, we continue to provide a multitude of companion and supportive home care services to best fit your needs:

- ✓ **Companionship**
- ✓ **Health & Nutrition**
- ✓ **Personal Hygiene**
- ✓ **Mobility**
- ✓ **Light Housework**
- ✓ **Transportation**

PLUS...

Ask us about:

- ✓ **FREE** safety assessments by a certified home safety expert
- ✓ One-on-one **SAFETY SITTING** for loved ones with dementia
- ✓ Our **FREE** online Family Portal to keep everyone in the know



QUALITY



COMPASSION



VERSATILITY

One phone call brings help you can trust.

Day and night - Weekends and holidays - Temporary or long-term

SmithLife
H O M E C A R E

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