**Serving Montgomery County and Washington, DC** 



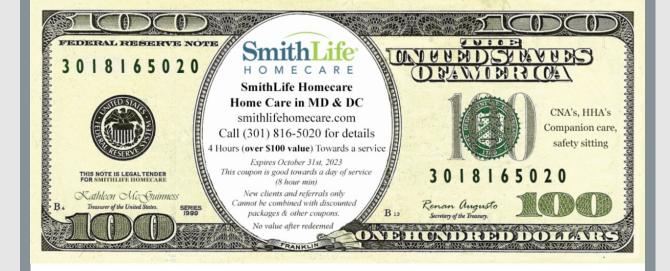
Bringing care home.

Maryland Office (301) 816-5020 / Washington, DC (202) 221-7503

## Happy Healthy Aging Month!



Here's a gift for you!



## **SmithLife Homecare & Loving Hands Podiatry**

In this episode, Carla Bundick speaks to Dr. La Vergne Andre about the wonderful resources offered by Loving Hands Podiatry. Learn about what makes their practice unique and why you should consider seeing a podiatrist.



Watch & Learn

## Congratulations: Caregiver of the Month

Congratulations to our caregiver, Bonita!

We are thrilled to announce that Bonita Bathersfield has been selected for caregiver of the month. In a field dedicated to compassion and care, she has truly stood out. Her dedication, empathy, reliability, cheerful presence and unwavering commitment have made a significant impact on the lives they touch. On behalf of the SmithLife Homecare team, we would like to extend our deepest appreciation to Bonita, thank you for all that you do.



## September Upcoming Events



The Arc Montgomery County's presentation on respite coordination will be held at Ring House in September! Our team is an approved provider of respite care through The Arc Montgomery County.

Come with your application completed so if you are qualified, it will be approved on the spot.

**Date:** September 19th **Time:** 3 - 4 pm

Learn More



SmithLife Homecare is sponsoring Sibley's Journey to Hope Conference Series, Aging on Your Terms! Aging on Your Terms provides guests with useful material to inform decisions for now and into the future. Conference attendees learn and express their desire to maintain their dignity throughout the experience of older adulthood.

Date: September 30 Time: 12 - 5 pm Place: Zoom

Download Sibley's Newsletter



# Drive Up & Shred

**Free Document Shredding Event** 

#### Saturday, September 30th | 9am - Noon

Mobile shredding truck and services will be provided by Shred Ace, a NAID AAA-Certified for mobile destruction, the highest standard of security in the industry.

Donations to the Parkinson Foundation of the National Capitol Area are appreciated.

Shredding will take place behind the building accessible on Legation Street.

WILL NOT SHRED: 3-ring binders, garbage of any kind, newspapers, credit cards, CDs, cardboard, magazines, X-rays, hardcover books

#### **Sponsored By**





5420 Connecticut Avenue NW | Washington, DC 20015 202-686-5504 | chevychasehouse.com

A **MERIDIAN SENIOR LIVING** COMMUNITY



## Summer Celebrations Continue...

Friendship Heights Neighbors Network Village monthly member luncheon was hosted by two board members and three local members. Kathleen McGuinness from SmithLife Homecare is a Consultant to their Board. Check it out!

www.fhneighbors.org



Erika and SmithLife Homecare partnered with Brandywine Living to co-host another fun-filled event- Trivia & Networking!



Our lucky referral partners are the recipients of Erika's goodie bags on her calls.





Erika Chavez attended the GROWS Monthly networking event: "Summer Camp at Sunrise of Rockville"



Another successful annual ice cream social for FHNN (Friendship Heights Neighbors Network) in Chevy Chase. Chief scoopers, Connie Row/President, Evan Smith, VP and Consultant to the Board, Kathleen McGuinness of SmithLife Homecare.



Happy birthday to Jihan, Cassandra and Renan from our team. These Leo's celebrated their birthdays in August.



We had another full house at our last caregiver orientation. This was a very involved group. Are you wanting to join our team? If so, apply below!

Click here to apply



Staffing Your Facility With A Name You Trust!



## Staffing Made Easy!

SmithLife Staffing has a complete roster of licensed and verified CNA's, GNA's, and LPN's ready to support your facilities' supplemental staffing needs.

✓ Short-term replacement staffing
✓ Short-notice jump starts
✓ Long-term assignments



### Quality

SmithLife Homecare, no service is too big or too small

Quality staffing services begin with a prompt response to your staffing request and serious follow-up to ensure your satisfaction. We excel at selection, screening, and documentation for all our staffing placements.



#### Value

We listen, collaborate, and provide important staffing solutions

Our rates are very competitive and designed with your budget in mind. Whether your need is a single shift, transitions, or crisis situations we are just a phone call away.



#### Flexibility

CNA, GNA and LPN's provided to support you when needed.

Avoid staff burn-out with our flexible staffing options. There is no charge for cancellations with as little as 12 hours notice.



#### Call, Sign & Get Staffed!

Once you sign the contract, we can be there in less than 12 hours.



Call 301-816-5020 and ask for our Staffing Department or visit our website at SmithLifeHomecare.com.

## September is here!

#### This month is:

**Healthy Aging Month** World Alzheimer's Month Self-care Awareness Month Self-Improvement Month

Mark you calendars for:

Sept 4. - Labor Day

Sept 8 - World Physical Therapy Day & Stand up to Cancer Day

Sept 10-16 - National Assisted Living Week

Sept 10 - National Grandparents Day

Sept 14 - National Food is Medicine Day

Sept 18-24 - National Eye Health Week

Sept 18-24 - National Rehabilitation Awareness Week

Sept 21 - World Alzheimer's Day

Sept 22 - Falls Prevention Awareness Day

Sept 27 - National Women's Health And Fitness Day

Sept 29 - World Heart Day

Sept 30 - Family Health & Fitness Day

#### Check out our latest blog: Healthy Aging



Read the Blog

SmithLife Homecare offers services for <u>personal care</u>, <u>lifestyle care</u>, and other home care services. Call today! 301-816-5020 info@smithlifehomecare.com









Licensed as a Residential Service Agency by the Maryland Department of Health and Mental Hygiene, Office of Health Care Quality. Maryland License Number: R1152R

Licensed as a Home Support Agency and Nurse Staffing Agency by the District of Columbia, Department of Health Regulation and Licensing Administration. DC License Number: HSA-0014 & NSA-0611

#### Stay connected, follow us on our socials!







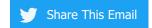


























#### Looking to be added to our newsletter distribution?

Join here!

SmithLife Homecare is a joint venture of Charles E. Smith Life Communities and Augustine Home Health Care.

SmithLife Homecare combines the services and capabilities of these two respected providers. Licensed as a residential service agency by the Maryland Department of Health and Mental Hygiene, Office of Health Care Quality and Washington DC Department of Health as a Home Support Agency and Nurse Staffing Agency.

MD #R1152R | DC #HSA-0014 | DC #NSA-0611

SmithLife Homecare | 6101 Montrose Road Suite 203, Rockville, MD 20852

Unsubscribe kmm@smithlifehomecare.com

Update Profile | Constant Contact Data Notice

Sent bykmm@smithlifehomecare.compowered by



Try email marketing for free today!