

Serving Montgomery County and Washington, DC

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H O M E C A R E

Bringing care home.

Maryland Office (301) 816-5020 / Washington, DC (202) 221-7503

Happy Healthy Aging Month!



Here's a gift for you!



SmithLife Homecare & Loving Hands Podiatry

In this episode, Carla Bundick speaks to Dr. La Vergne Andre about the wonderful resources offered by Loving Hands Podiatry. Learn about what makes their practice unique and why you should consider seeing a podiatrist.



[Watch & Learn](#)

Congratulations: Caregiver of the Month

Congratulations to our caregiver, Bonita!

We are thrilled to announce that Bonita Bathersfield has been selected for caregiver of the month. In a field dedicated to compassion and care, she has truly stood

out. Her dedication, empathy, reliability, cheerful presence and unwavering commitment have made a significant impact on the lives they touch. On behalf of the SmithLife Homecare team, we would like to extend our deepest appreciation to Bonita, thank you for all that you do.



September Upcoming Events



The Arc Montgomery County's presentation on respite coordination will be held at Ring House in September! Our team is an approved provider of respite care through The Arc Montgomery County.

Come with your application completed so if you are qualified, it will be approved on the spot.

Date: September 19th
Time: 3 - 4 pm

[Learn More](#)



SmithLife Homecare is sponsoring Sibley's Journey to Hope Conference Series, Aging on Your Terms! Aging on Your Terms provides guests with useful material to inform decisions for now and into the future. Conference attendees learn and express their desire to maintain their dignity throughout the experience of older adulthood.

Date: September 30
Time: 12 - 5 pm
Place: Zoom

[Download Sibley's Newsletter](#)



CHEVY CHASE HOUSE

Boutique Senior Living

Drive Up & Shred

Free Document Shredding Event

Saturday, September 30th | 9am - Noon

Mobile shredding truck and services will be provided by Shred Ace, a NAID AAA-Certified for mobile destruction, the highest standard of security in the industry.

Donations to the Parkinson Foundation of the National Capitol Area are appreciated.

Shredding will take place behind the building accessible on Legation Street.

WILL NOT SHRED: 3-ring binders, garbage of any kind, newspapers, credit cards, CDs, cardboard, magazines, X-rays, hardcover books

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A MERIDIAN SENIOR LIVING COMMUNITY



Summer Celebrations Continue...

Friendship Heights Neighbors Network Village monthly member luncheon was hosted by two board members and three local members. Kathleen McGuinness from SmithLife Homecare is a Consultant to their Board. Check it out!
www.fhneighbors.org



Erika and SmithLife Homecare partnered with Brandywine Living to co-host another fun-filled event- Trivia & Networking!



Our lucky referral partners are the recipients of Erika's goodie bags on her calls.



Erika Chavez attended the GROWS Monthly networking event:
“Summer Camp at Sunrise of Rockville”



Another successful annual ice cream social for FHNN (Friendship Heights Neighbors Network) in Chevy Chase. Chief scoopers, Connie Row/President, Evan Smith, VP and Consultant to the Board, Kathleen McGuinness of SmithLife Homecare.



Happy birthday to Jihan, Cassandra and Renan from our team. These Leo's celebrated their birthdays in August.



We had another full house at our last caregiver orientation. This was a very involved group. Are you wanting to join our team? If so, apply below!

[Click here to apply](#)



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Staffing Made Easy!

SmithLife Staffing has a complete roster of licensed and verified CNA's, GNA's, and LPN's ready to support your facilities' supplemental staffing needs.

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Quality

SmithLife Homecare, no service is too big or too small

Quality staffing services begin with a prompt response to your staffing request and serious follow-up to ensure your satisfaction. We excel at selection, screening, and documentation for all our staffing placements.



Value

We listen, collaborate, and provide important staffing solutions

Our rates are very competitive and designed with your budget in mind. Whether your need is a single shift, transitions, or crisis situations we are just a phone call away.



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Once you sign the contract, we can be there in less than 12 hours.



Call 301-816-5020 and ask for our Staffing Department or visit our website at **SmithLifeHomecare.com**.

September is here!

This month is:

Healthy Aging Month
World Alzheimer's Month
Self-care Awareness Month
Self-Improvement Month

Mark you calendars for:



Sept 4. - Labor Day
Sept 8 - World Physical Therapy Day & Stand up to Cancer Day
Sept 10-16 - National Assisted Living Week
Sept 10 - National Grandparents Day
Sept 14 - National Food is Medicine Day
Sept 18-24 - National Eye Health Week
Sept 18-24 - National Rehabilitation Awareness Week
Sept 21 - World Alzheimer's Day
Sept 22 - Falls Prevention Awareness Day
Sept 27 - National Women's Health And Fitness Day
Sept 29 - World Heart Day
Sept 30 - Family Health & Fitness Day

Check out our latest blog: Healthy Aging



Read the
Blog

SmithLife Homecare offers services for personal care,
lifestyle care, and other home care services. Call today!
301-816-5020
info@smithlifehomecare.com



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MD #R1152R | DC #HSA-0014 | DC #NSA-0611

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